## **Palliative Care**

Improving quality of life.



## **For More Information**

To learn more about Palliative Care at UofL Hospital or UofL James Graham Brown Cancer Center, call 502.561.8800 or visit UofLhospital.org



530 S. Jackson Street, Louisville, KY 40202 502-561-8800 **UofLhospital.org** 





502-561-8800

**UofLhospital.org** 



## What is Palliative Care?

Palliative care is specialized care delivered by a team of health care professionals. The goal of palliative care is to improve quality of life for patients experiencing serious illness. Palliative care services are available at any stage of illness and can be provided at the same time as life-prolonging treatment.

The Palliative Care Team can assist with:

- Managing distressing symptoms
- Clarifying treatment options
- Providing spiritual and psychological support to patients and their loved ones through all stages of illness
- Facilitating communication among patients and those who care for them
- Establishing advance directives

## When is Palliative Care helpful?

During a hospital stay, patients and their loved ones may face many difficult decisions. The Palliative Care Team can help patients and their families sort through treatment options. We focus on improving communication among patients, their loved ones and members of the health care team.

Working to incorporate a patient's values and hopes into a treatment plan, we relieve symptoms such as pain, nausea, anxiety, and shortness of breath.

Our approach focuses not only on physical problems, but also on spiritual and emotional health.



Our Commitment To Care
We are committed to caring
for the physical, psychological
and spiritual needs of patients
dealing with serious illness.