The UofL Health – Frazier Rehabilitation Institute – Spinal Cord Injury Program aims to restore individuals to optimal levels of physical, occupational and emotional recovery following spinal cord injury. The program, accredited by the Commission on Accreditation for Rehab Facilities (CARF), also focuses on prevention, community awareness and wellness through partnerships. This includes providing our patients and community with resources and support groups.

**Inpatient Spinal Cord Injury Program**

The Inpatient Spinal Cord Injury Program focuses on helping patients increase their independence and providing training for caregivers to assist with a successful daily routine upon returning home. Each patient will have a daily therapy schedule reflecting the combination of therapies needed to meet their specific treatment goals. Spinal Cord Injury patients receive at least three hours of therapy a minimum of five of seven days each week.

Caregivers are an important part of the inpatient rehab process and are encouraged to participate in education and training to make the transition home successful.

The program serves patients of all ages and at all stages of recovery. We treat both traumatic and non-traumatic spinal cord injury survivors. The ultimate goal across our programs is to restore an individual’s functional independence while re-integrating them into their homes and community in meaningful ways.

**Continuum of Care**

Recovery from spinal cord injury is a long-term process and requires integrated care across the UofL Health continuum. Often, this care begins in the emergency room or acute care hospital within our Trauma Center. Our Frazier Rehab admission liaisons ensure a smooth transition to acute rehab. They make sure patients and families are well-educated about care recommendations and the recovery path ahead. Most patients require continued support and intervention following acute rehab. Frazier Rehab's Outpatient Spinal Cord Medicine Program provides activity-based therapy interventions to maximize functional recovery after spinal cord injury.
Rehabilitation Hospitals Deliver Higher Quality Care, Better Results

Patients who need medical rehabilitation often must choose between receiving care at a rehabilitation hospital or nursing home. Although these two settings serve similar patients, rehabilitation hospitals provide a far higher level of care that leads to better outcomes.

### Study Shows Improved Outcomes and Quality of Life

A new study shows that patients treated in rehabilitation hospitals and units have better clinical outcomes and quality of life than those treated in nursing homes. The study compared clinically similar patients over a two year period following discharge from rehabilitation hospitals or nursing homes.

**Go Home Earlier**

Similar patients treated in rehabilitation hospitals return home **14 DAYS** sooner than those in nursing homes.

**Remain Home Longer**

Rehabilitation hospital patients also are able to be at home **51 DAYS** longer and had fewer hospital readmissions.

Source: American Medical Rehabilitation Providers Association

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### Frazier Rehabilitation Institute

**Health**

**Spinal Cord Injury Rehab Program**

220 Abraham Flexner Way
Louisville, KY 40202
P: 502-582-7476
UofLHealth.org

The Spinal Cord Injury Rehab Program has met the rigorous standards of the Commission on Accreditation of Rehabilitation Facilities (CARF) as a specialty brain injury program.

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### Comparison Table

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Rehab Hospitals</th>
<th>Nursing Homes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Close medical supervision by a physician</td>
<td>✔️</td>
<td>✗</td>
</tr>
<tr>
<td>Multidisciplinary team approach</td>
<td>✔️</td>
<td>✗</td>
</tr>
<tr>
<td>Three hours of intensive therapy per week</td>
<td>✔️</td>
<td>✗</td>
</tr>
<tr>
<td>Licensed and accredited for hospital level care</td>
<td>✔️</td>
<td>✗</td>
</tr>
</tbody>
</table>

Source: American Medical Rehabilitation Providers Association