

Inpatient Spinal Cord Injury Care

Restoring Functional Independence

The UofL Health – Frazier Rehabilitation Institute – Spinal Cord Program, part of the Center for Advanced NeuroRehab, aims to restore individuals to optimal levels of physical, occupational and emotional recovery following spinal cord injury. The program, accredited by the Commission on Accreditation for Rehab Facilities (CARF), also focuses on prevention, community awareness and wellness through partnerships. This includes providing our patients and community with resources and support groups.

Inpatient Spinal Cord Program

The Inpatient Spinal Cord Program focuses on helping patients increase their independence and providing training for caregivers to assist with a successful daily routine upon returning home. Each patient will have a daily therapy schedule reflecting the combination of therapies needed to meet their specific treatment goals. Spinal Cord Injury patients receive at least three hours of therapy a minimum of five of seven days each week.

Caregivers are an important part of the inpatient rehab process and are encouraged to participate in education and training to make the transition home successful.

The program serves patients of all ages and at all stages of recovery. We treat both traumatic and non-traumatic spinal cord survivors. The ultimate goal across our programs is to restore an individual's functional independence while re-integrating them into their homes and community in meaningful ways.

Continuum of Care

Recovery from spinal cord injury is a long-term process and requires integrated care across the UofL Health continuum. Often, this care begins in the emergency room or acute care hospital within our Trauma Center. Our Frazier Rehab admission liaisons ensure a smooth transition to acute rehab. They make sure patients and families are well-educated about care recommendations and the recovery path ahead. Most patients require continued support and intervention following acute rehab. The Center for Advanced NeuroRehab offers a pathway for outpatient activity-based therapy interventions to maximize functional recovery after spinal cord injury.

Spinal Cord Rehab Patients in 2023

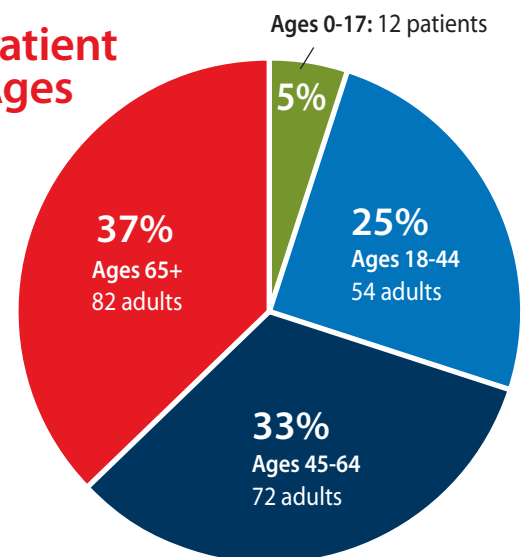
220
Spinal
Cord Injury
Patients

Representing
10%
of all Frazier
Rehab Admissions

17.5 days

Average length of stay for patients
with Spinal Cord Injury diagnosis

Patient Ages



Frazier Rehabilitation Institute

UofL Health

Center for Advanced NeuroRehab



Rehabilitation Hospitals Deliver Higher Quality Care, Better Results

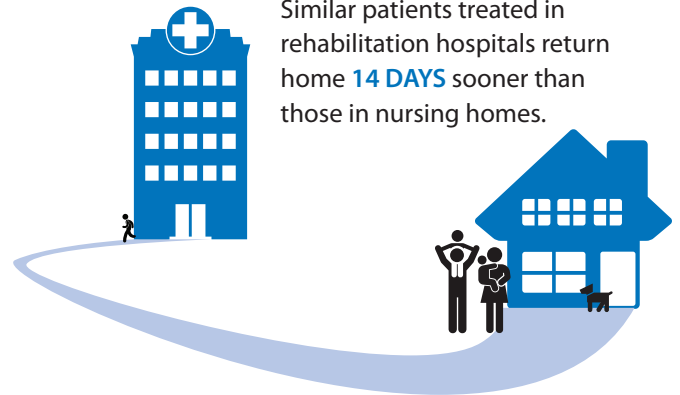
Patients who need medical rehabilitation often must choose between receiving care at a rehabilitation hospital or nursing home. Although these two settings serve similar patients, rehabilitation hospitals provide a far higher level of care that leads to better outcomes.

Study Shows Improved Outcomes and Quality of Life

A new study shows that patients treated in rehabilitation hospitals and units have better clinical outcomes and quality of life than those treated in nursing homes. The study compared clinically similar patients over a two year period following discharge from rehabilitation hospitals or nursing homes.

▶ Go Home Earlier

Similar patients treated in rehabilitation hospitals return home **14 DAYS** sooner than those in nursing homes.



▶ Remain Home Longer

Rehabilitation hospital patients also are able to be at home **51 DAYS** longer and had fewer hospital readmissions.

Source: American Medical Rehabilitation Providers Association

Frazier Rehabilitation Institute

U of L Health

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The Spinal Cord Program has met the rigorous standards of the Commission on Accreditation of Rehabilitation Facilities (CARF) as a specialty brain injury program.



	Rehab Hospitals	Nursing Homes
	Required	Not Required
Close medical supervision by a physician with specialized training in rehab		
Multidisciplinary team approach that includes 24-hour rehab nursing		
Three hours of intensive therapy 5 of 7 days per week		
Licensed and accredited for hospital level rehab care		



Source: American Medical Rehabilitation Providers Association