

# Guidelines for Lung Transplantation

UofL Health - Trager Transplant Center performs lifesaving lung transplants for patients with a variety of life-limiting lung diseases, including Pulmonary fibrosis (IPF), cystic fibrosis, pulmonary hypertension, sarcoidosis, and Chronic Obstructive Pulmonary disease (COPD).

Since 1991, our team has performed over 340 lung transplants. Our team of transplant physicians, pharmacists, social workers, financial coordinators, and rehab specialists support patients and family throughout the continuum of transplant care both pre and post-transplant.



## Trager Transplant Center

### Contact Us

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**For Referrals: 502-587-4384**

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### General Guidelines for Referral

In general, patients should have NYHA class III to IV symptoms

### Chronic Obstructive Lung Disease (COPD)

- FEV1 < 25% of predicted
- Hypercapnia
- Secondary pulmonary hypertension
- Recurrent life threatening exacerbations
- BODE score > 6

### Interstitial Lung Disease (ILD)

- Early referral preferred
- Total lung capacity < 60%
- Resting hypoxia
- Secondary pulmonary hypertension
- Clinical decline (>10% loss of FVC in 6 months)

### Cystic Fibrosis (CF)

- FEV1 < 30% of predicted
- Hypercapnia
- Secondary pulmonary hypertension
- Rapid decline
- Frequent admissions for exacerbations or need for frequent IV antibiotics

### Pulmonary Arterial Hypertension

- Progressive disease despite maximal medical therapy
- Abnormal cardiac index

### Sarcoidosis and Other Advanced Lung Diseases

- Progressive disease despite maximal medical therapy
- Hypercapnia
- Secondary pulmonary hypertension

## Lung Transplant Team



**Matthew Fox, M.D.\***  
Thoracic Transplant Surgeon



**Allan Ramirez, M.D.\***  
Transplant Pulmonologist



**Victor van Berkel, M.D., Ph.D.**  
Thoracic Transplant Surgeon



**Alex Ng, M.D.**  
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