



Year in Review

UofL Health – Frazier Rehab Institute

2023 Highlights

- Frazier Rehab Institute welcomed new CEO Daniel Hudson
- Recognized by Newsweek as one of America’s Best Physical Rehabilitation Centers of 2023
- The hospital received its 51st consecutive CARF three-year accreditation for its comprehensive inpatient rehabilitation programs, comprehensive spinal cord program, brain injury program and stroke program
- UofL Health and Frazier Rehab celebrated the discharge of Louisville Metro Police Officer Nick Wilt after life-saving and rehabilitative care was provided following the Old National Bank active shooter incident
- In partnership with Lifepoint Health, Frazier Rehabilitation Hospital – Brownsboro opened in eastern Jefferson County
- Frazier Rehab – Sports was launched with rebranding of five specialty clinics underway
- The new Center for Advanced NeuroRehab was created and began serving patients in November 2023
- Frazier Rehab’s EMERGE program celebrated its 10-year anniversary
- More than \$40,000 in scholarships were provided to individuals with disabling conditions at Frazier Rehab’s Community Fitness & Wellness Gym
- Frazier Rehab provided comprehensive rehabilitative care for 16 patients on mechanical ventilation

Quality

Frazier Rehab is the leading regional provider of care and treatment for persons with traumatic brain injury and traumatic spinal cord injury. National comparison data indicates, Frazier Rehab patients experienced:

- Lower incidence of device-associated urinary tract infections and C-difficile infections
- Lower incidence of falls with major injury than regional or national
- 80% of patients discharged to a home or community setting

Facility Overview

- 135 Licensed Beds
- 21 community-based, outpatient rehab locations in Kentucky and Southern Indiana including specialty clinics for neuro-rehab, pulmonary rehab, sports and hand therapy
- Accreditations
 - Commission on Accreditation of Rehabilitation Facilities (CARF): Comprehensive Inpatient, Stroke, Brain Injury, Spinal Cord Injury with credentialing through 2026
 - Joint Commission
 - AACVPR – Pulmonary Rehab
- One of the top residency programs for Physical Medicine & Rehabilitation with 10 residents onsite from the University of Louisville School of Medicine

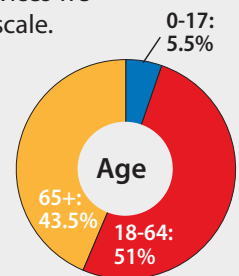


Inpatients Profile:

- 2,271 inpatients admitted in 2023
- 95% of our discharged inpatients that were surveyed rated the care and services we provided as 4 or 5 on a 5-point scale.

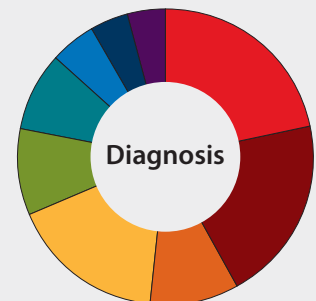
• Patient Age (Adult)

- 0 Through 17 Years
- 18 Through 64 Years
- 65 And Older



• By Diagnosis

- Stroke: 21.8%
- Brain Injury: 20.3%
- Spinal Cord: 9.9%
- General: 17%
- Orthopedic: 9.4%
- Neurologic: 8.7%
- Cardiac: 4.9%
- Pulmonary: 4.1%
- Amputee: 4.1%



Program Spotlight

New Center for Advanced NeuroRehab

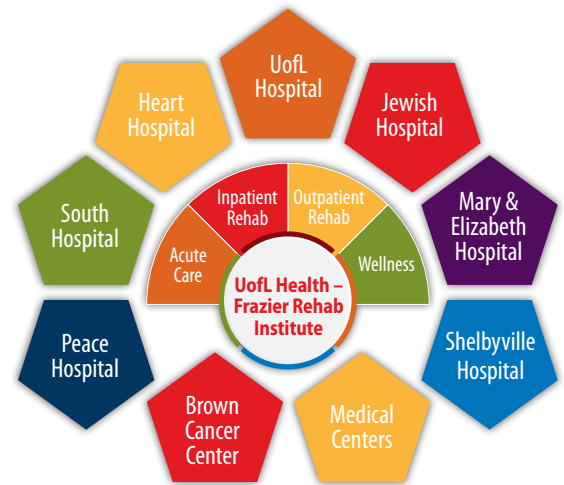
To enhance and expand services at Frazier Rehab, the hospital has created a new Center for Advanced NeuroRehab. Aligning clinical expertise of our internationally accredited programs with innovative technology, all under one roof at our downtown Louisville Frazier Rehabilitation Institute will allow us to:

- Care for more patients
- Serve a wider variety of diagnoses
- Ensure care for all socioeconomic backgrounds
- Continue to achieve exceptional outcomes

The new Center supports the full rehab continuum of care for individuals with spinal cord injury, brain injury and stroke from comprehensive integrated inpatient rehab to outpatient rehab and back into the community.

Patients will receive structured, customized therapy services, which may include physical therapy, occupational therapy, speech therapy, psychology, spiritual care, case management, nurse navigation and wellness programming. Services include all aspects of rehabilitation – physical, social/interpersonal, cognitive, and emotional. Through innovative recovery-based rehab models balanced with adaptive therapies in real-world situations, we help patients become as independent as possible.

Working diligently to offer the best rehab hospital continuum in the U.S, the new Center for Advanced NeuroRehab will allow Frazier Rehab to help individuals get back to their fullest potential, back in the community.



UofL Health | Frazier Rehab

Brain Injury Program

- In 2023, the Brain Injury Program provided inpatient services to 446 patients, representing approximately 21% of all admissions.
- The NeuroRehab Program (Outpatient Brain Injury Program) provided services to 248 patients with acquired brain injury in 2023.

The EMERGE Disorders of Consciousness program provides a continuum of care for patients with severe brain injury who are at low/minimal levels of consciousness. Treatment targets awareness, responsiveness, and communication with the goal of transitioning to mainstream rehab therapy, improving functional skills, and supporting independence so the patient can return home.

In 2023, 79% of patients admitted “emerged” demonstrating reliable communication or functional use. The average time from admission to emergence was 20 days, with a 44-day overall length of stay.

Spinal Cord Injury Program

- In 2023, served 220 inpatients representing approximately 10% of all admissions
- Average SCI inpatient length of stay is 17.5 days, less than national average
- More than 247 outpatients with SCI were served in the CARF-accredited outpatient Spinal Cord Program

Stroke Rehab Program

- In 2023, provided inpatient care to 494 patients representing approximately 22% of all admissions; 53% were over age 65.
- The average length of stay for patients with a stroke diagnosis is approximately 2 weeks (14.4 days).

Active Support Groups

- Aphasia Support Group
- Brain Injury Survivor Support Group
- Brain Injury Family and Caregiver Support Group
- Community Connections Discussion Group
- Pulmonary Support Group

Assistive Technology Resource Center

- Mobility and Seating
- Adaptive Computer Access
- Alternative and Augmentative Communication (AAC) Devices
- Electronic Aids to Daily Living (EADLs)
- Home and Workplace Modification

Community Fitness & Wellness Gym

- Accessible facilities
- Personalized training for individuals with disability conditions
- Innovative and accessible exercise