

Helpful Resources for Caregivers

UofL Health realizes the importance of the caregivers who tirelessly support our patients.

Being a caregiver can be a full-time job, and we would like to thank you for all that you do!

Did you know there are resources available in our community for caregivers?

We hope you find the resources listed below helpful:

Local Resources:

Brown Cancer Center SOAR On Loyd
Family Wellness Program:
UofLBrownCancerCenter.org/soar-on/

Gilda's Club of Kentuckiana:
gck.org

Weekly events include: dinner for Support groups, various support groups, Coffee and Connect, yoga, meditation, book club and so much more.

UofL Trager Institute:
tragerinstitute.org/caregivers
Finding resources, connecting with peers, and discussing concerns

Louisville Area Ministries:
louisvillemministries.org

National Resources:

American Cancer Society:
cancer.org/support-programs-and-services/online-communities.html

Leukemia and Lymphoma Society:
lls.org/support-resources

National Cancer Institute:
cancer.gov/about-cancer/coping/family-friends/family-caregivers-pdq

Extra help at home:

Family Caregiver Alliance:
caregiver.org/resource/hiring-home-help/

Neighborhood Place:
louisvilleky.gov/government/neighborhood-place

Financial Support:

Cancer Finances Caregiving: Triage
Cancer:
trriagecancer.org/cancer-finances-caregiving

Shirley's Way:
shirleysway.com

Low-Income Home Energy Assistance
Program (LIHEAP):
acf.hhs.gov/ocs/programs/liheap/about

21st Century Care:
21stcenturycare.org

Support Groups:

Caregiver Action Network:
<https://www.caregiveraction.org/>

Caring Bridge:
<https://www.caringbridge.org/>

Cancer Support groups, counseling,
education, and financial assistance:
cancercare.org/ and
cancare.org/support/emotional-support-for-cancer-caregivers

Friend 4 Life, support group for patients and
caregivers:
friend4life.org

Transportation Tips:

Healthy Living Tips, Family Caregiver and
Transportation:
acl.gov/sites/default/files/news%202017-03/HealthyLivingTips_Transport_SurvivalTips.pdf