



Are you newly diagnosed or need help managing your diabetes?

The Diabetes and Nutrition Care team at UofL Health has group and individual education options to help you manage diabetes.

Diabetes Self-Management Program

Our comprehensive diabetes education for adults with type 1, type 2, or gestational diabetes is recognized by the American Diabetes Association and covered by Medicare and many other insurances. Prior authorization and out of pocket costs may be required.

U^{OF}L Health

Diabetes and Nutrition Care

Diabetes Self-Management Education and Support Program

Classes may be offered in person
at the following UofL Health
locations or via telehealth:

UofL Health – Chestnut Street Outpatient Center
401 East Chestnut Street, Suite 310
Louisville, KY 40202
502-588-4600

UofL Health – Mary & Elizabeth Hospital
1850 Bluegrass Avenue
Louisville, KY 40215
502-210-4203

UofL Health – Medical Center East
3920 Dutchman's Lane
Louisville, KY 40207
502-210-4203

UofL Health – Medical Center Northeast
2401 Terra Crossing Blvd.
Louisville, KY 40245
502-210-4203

UofL Health – Shelbyville Hospital
727 Hospital Drive
Shelbyville, KY 40065
502-210-4203

UofL Trager Optimal Aging Clinic
204 E. Market Street
Louisville, KY 40202
502-588-4340

**Talk with your provider about
referring you for a personalized
session or call the most convenient
location for more information.**