



Become a Peer Mentor

A mentor program designed to support the needs of those who have experienced stroke, brain injury or spinal cord injury.

UofL Health – Frazier Rehabilitation Institute is developing a free peer mentor program for patients who have experienced **stroke, brain injury or spinal cord injury**. We are looking for individuals who have experienced these conditions and are interested in becoming mentors.

What is a peer mentor?

- Role model, friend, and resource that encourages greater independence and helps with motivation
- Meets one-on-one with patients and families in person or virtually
- Serves as a support so that patients/families feel less alone
- Shares personal stories and coping skills to effectively deal with problems

Are you interested in serving as a peer mentor?

For more information or to volunteer, please contact Terrilynn Green, UofL Health Volunteer Services, at **Terrilyn.Green@UofLHealth.org** or use your phone camera to scan the QR Code below and complete our informational survey.



Frazier Rehabilitation Institute

UofL Health