



Office: 812-981-4724

BOTOX®, DYSPORT® AND XEOMIN® POST INJECTION CARE

Botox/Dysport or Xeomin may take 1-2 weeks before you see its full effects. If you have any questions or concerns after you leave the office, please contact us immediately at (812) 981-4724. We will be happy to assist you.

Please follow these instructions carefully:

Expect some swelling and small red bumps at the injection sites. These may take several hours to disappear. You may also have some bruising, so give yourself a minimum of one week before an important event.

For at least 4 hours after your injection:

1. After your Botox/Dysport/Xeomin injection, it is important to keep your head elevated for a 4-hour period of time.
2. Do not:
 - a. Lie flat or bend over during this 4-hour period. After that point and time, you may resume normal activity
 - b. Lean forward with your head down or pick something up off the floor
 - c. Do any activity or exercise that makes you sweat for 24 hours
 - d. Rub areas that were injected
 - e. Wash or color hair for 24 hours
 - f. Take hot showers or have a facial
3. It is helpful to contract the frown muscles periodically after your Botox/Dysport/Xeomin injection for a few days following the procedure.
4. It is advisable to avoid aspirin containing products or anti-inflammatory for a few days post injection.
5. You may apply makeup gently to the injected areas.

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