



**Office: 812-981-4724**

**POST OP ITEMS NEEDED  
BREAST RECONSTRUCTION SURGERY**

**The following items should be purchased BEFORE your surgery:**

1. **FRONT CLOSURE SPORTS BRA** - Front zipper. These are inexpensive and can be purchased anywhere: Target, Walmart, Meijer's, etc.
2. **FROZEN PEAS** - To use as ice packs after surgery.
3. **STOOL SOFTENER** – (Over the counter OTC) Pain Meds may make you constipated and these will help.
4. **PROBIOTICS (OTC)** Take 2 hours after taking antibiotic
5. **BACITRACIN OINTMENT** (large tube) You will begin to use after we take off the dressings.
6. **YOGURT**
7. **LARGE PADS** (Feminine pads, Cheap)